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# SPORT AND FITNESS MANAGEMENT (SFM)

#### SFM 523 Program and Event Planning in Sport and Fitness Management Credits: 3

Typically Offered: Fall.

Course Description: This course provides practical strategies for planning and organizing public and private events at local, regional, national, and international levels. Students will gain knowledge of the fundamental concepts of initiating public-related and commercialized events and competitions.

#### SFM 525 Legal Aspects in Sport and Fitness Management Credits: 3 Typically Offered: Fall.

**Course Description:** To assist each student in understanding legal issues related to the fields of sport and fitness management.

### SFM 542 Facilities and Design Management Credits: 3 Typically Offered: Fall.

Course Description: Explores problems, principles, and techniques of management, design, and operation of general park, recreation, and sport facilities. Course will emphasize sustainable techniques for design and management of facilities, including issues such as alternative energy sources and environmentally friendly practices.

## SFM 610 Leadership Effectiveness in Sport and Fitness Management Credits: 3

Typically Offered: Spring.

Course Description: This course will provide application for the development of the skills necessary to be an effective and efficient leader regarding communication, motivation and decision making. An overview of the diverse leadership opportunities within the sports and fitness industry, keys to success and techniques for business development will be examined.

### SFM 630 Capstone Internship in Sport and Fitness Management Credits: 3

Typically Offered: Departmental Discretion.

**Course Description:** This course will provide the student with applied learning experiences in such areas of management, supervision, and organizational leadership in a variety of different sport and fitness settings.

#### SFM 650 Independent Study Credits: 3 Typically Offered: Departmental Discretion.

Course Description: This course is an individualized in-depth study of a subject in which the student is particularly interested in. The student investigate a research problem, project, or topic on an individual basis. May be taken up to two times for credit.

#### SFM 651 Research Methods Credits: 3

Typically Offered: Fall.

Course Description: This course will cover the fundamental tools of research, providing students with the skills to be able to engage in the process of graduate level research within the field. Various types of research process of scientific inquiry and critical analysis of research will be covered throughout the course. Topic selection and development of a research proposal will also be part of this course. Prerequisite(s): Graduate status within the program.

SFM 655 Thesis Credits: 1-6 Typically Offered: Spring.

Course Description: The thesis project is designed to enable students to choose a thesis topic with the consent of the student's thesis faculty director, implement the topic research design and produce a master's degree thesis suitable for publication. May be taken for up to 6 credit hours.

## SFM 674 Psychology of Performance and Motivation in Sport and Fitness Management Credits: 3

Typically Offered: Spring.

Course Description: This course will be focused on application of psychological theories of motivation to performance-based environments in sport and fitness management settings. In addition, this course will focus on applications and "best practices" of motivation concepts in these settings.

#### SFM 680 Practicum in Sport and Fitness Credits: 3

Typically Offered: Summer.

Course Description: This course is designed to provide students with applied learning experiences at the Kansas City Chief's summer training camp/sport & fitness agency in order to utilize competencies learned in the classroom and embrace a deeper conceptual view of intended professional aspirations. This course may not be substituted for other required courses in the student's Sport and Fitness Management option area. May be taken up to two times for credit.